

Caregiving Parents of Children with Life-Limiting Illnesses: Beyond Stress and Coping to Growth

This project is funded by the **Canadian Institutes of Health Research (CIHR)**, which is Canada's version of our National Institutes of Health.

This study was approved by UCSF Committee Human Research on October 10, 2007 approval number H10976-29703-01.

Sites involved in this project: UCSF Children's Hospital (CA) is the primary US site for recruitment and we are seeking the assistance of additional sites in order to approach as many California parents as possible.

Canadian sites include: Canuck Place Children's Hospice (British Columbia); The Hospital for Sick Children (Ontario); Montreal Children's Hospital (Quebec); Alberta Children's Hospital and the Southern Alberta Child and Youth Health Network (AB); Stollery Children's Hospital (AB), as well as a number of parent organizations.

Once parents know about the study, they can learn more about the study by calling the Research Coordinator at 1-800-810-0721. This information is provided on the flyer.

Brief Description of Study:

- The primary aim of this project is to describe the experiences and the factors that allow parent caregivers to survive and even grow in the face of the stressful circumstances of actively caring for a child with a life-limiting illness.
- Parents who are interested in learning more about the study can call a toll free study number listed on the recruitment flyer. The Research Coordinator at Wilfrid Laurier University will explain the study to the parents and mail out a questionnaire if parents/caregivers are interested in participating. The questionnaire will take about 1 to 1.5 hours to complete.
- A stamped envelope will be included in the package in order to return the questionnaires. Participants will also be asked if they are willing to be contacted for a follow-up interview.

The research team has received positive feedback from over 100 parents/caregivers who have participated in the study thus far.